Neighbouring Well

WORKSHOPS FOR CHURCHES

Training for the hard moments.

Someone tells a volunteer something worrying. A member quietly stops showing up. A family is grieving. These workshops give your leaders plain language, real scenarios and a clear next step.

THE WORKSHOPS

Each can be focused on children, youth or adults

Mental Health in Your Congregation

Tell ordinary struggle from a real concern at any age, and open the conversation well.

For pastors, care teams and volunteers

Including Teens in Your Church

What is going on for teenagers, and how a church becomes a place where they belong.

For pastors, youth leaders and parents

Walking With People Through Grief

Honest words for death and loss, and how to keep showing up for adults and children.

For pastors, care teams and parents

Noticing, Asking, Connecting

Notice warning signs of suicide and self-harm, ask directly, and connect a person to help.

For pastors, care teams and youth leaders

Trauma-Informed Ministry

Move from “what’s wrong with them?” to “what’s happened?” in how you welcome and respond.

For pastors and all ministry leaders

Responding to a Child Abuse Disclosure

What to say, what not to do, and how the duty to report works in Ontario.

For everyone serving children and youth

EVERY WORKSHOP MAKES THREE THINGS CLEAR

What your church can do

Care, presence and first response that belong with you.

When to consult

Situations worth talking through before you act.

When to refer

What needs clinical, child protection or emergency services.

$325+
per session

60 to 180 min
shaped to your group and schedule

Virtual or in person
in-person workshops within the GTA

Book a workshop for your church

Start with a free 15-minute call about what your leaders are facing.

neighbouringwell.ca/consult · consulting@neighbouringwell.ca

Scan to book

Also offering virtual counselling for adults across Ontario — ask if this might be a fit for someone in your congregation.

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Registered Social Worker · 20+ years in child welfare, schools & community mental health

Neighbouring Well is a scheduled training and consultation resource, not an on-call or emergency service.
If someone is in immediate danger, contact **911** or call/text **988** (Canada Suicide Crisis Helpline) right away.